

FAMILY MEDICINE

LECTURE SERIES

APRIL 2026

FRIDAYS,
8:00-9:00 A.M. NST



LEARNING OBJECTIVES

Current Concepts of Prenatal Care

- Review the three main components of prenatal care: risk assessment, health promotion and education, and therapeutic intervention
- Review the rationale for early initiation of prenatal care
- Review indications for initiation of vaginal progesterone in early pregnancy
- Outline the recommended routine prenatal screening tests and review timing and indications for key screening milestones
- Discuss universal psychosocial screening
- Identify indications for aspirin prophylaxis
- Review vaccine recommendations in pregnancy

Frailty for the Generalist

- Describe how to provide frailty-informed care
- Recognize ageism in the health care setting
- Describe the concept of frailty and how it informs care
- Feel comfortable recognizing and diagnosing frailty in their own patients

Navigating Community Services for Older Adults

- Recognize unmet care needs in their vulnerable older adult patients
- Have a greater understanding of the various services available to older adults in the community
- Connect older adults with the appropriate service so as to meet their care needs in the fastest and most effective way

APRIL 10
DR. KRISTA PIKE-AU
CURRENT CONCEPTS OF
PRENATAL CARE

APRIL 17
DR. KATHLEEN
O'DONNELL

FRAILTY FOR THE
GENERALIST

APRIL 24
DR. KATHLEEN
O'DONNELL

NAVIGATING
COMMUNITY
SERVICES FOR
OLDER ADULTS

This group learning program has been certified
for up to 3 Mainpro+® credits.

Earn up to 1 certified Mainpro+® credit for each hour attended!

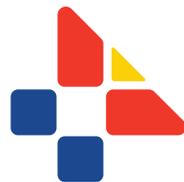
These live certified sessions are free & delivered virtually.

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Acknowledgments



This program has received an educational grant or in-kind support from:



NL Health
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