



FAMILY PRACTICE RENEWAL PROGRAM

Chronic Pain Management

Chronic Pain Management will be offered as a 2-session series.

When you register, you are automatically registered for the two sessions.

Learning Objectives

- Discuss approaches to comprehensive pain management assessment and treatment.
- Define chronic pain and understand the concept of chronic pain as a disease in itself rather than simply a symptom.
- Recognize the role of self-management in the framework of chronic pain management while optimizing pharmacologic and interventional options tailored to individual patients.
- Determine the most appropriate treatment plan for a patient in pain using pharmacological non-opioid and procedural approaches, including preventive interventions.
- Describe and interpret the recommendations pertaining to optimization of non-opioid and opioid therapy in the 2017 Canadian guideline for opioids for chronic non-cancer pain.
- Identify biological and psychosocial processes involved in the development of chronic pain.
- Assess patients suffering from pain, develop a formulation regarding the factors contributing to pain, and identify its influence on the patient's life.

Location: Virtual Offering

A link will be provided following registration.

Sessions: Wednesday, December 3 & 10, 2025

Time: 7:00 PM – 9:00 PM

Physician Speaker(s): Dr. David Flusk

This activity has been certified by the College of Family Physicians of Canada and the Newfoundland and Labrador Chapter for up to four Mainpro+ Certified Activity credits.

To register, click the button below:

[Register Now](#)

The deadline to register is Friday, November 29, 2025, midnight