



FAMILY PRACTICE RENEWAL PROGRAM

Frailty 5

Frailty 5 will be offered as a 3-session series.

When you register, you are automatically registered for all three sessions.

SESSIONS WILL BE RECORDED

Learning Objectives

- Cognitive Assessment Template: Understand the key components of the new cognitive assessment template and its role in the diagnostic process; Distinguish between functional impairments that are due to cognition, physical, and/or convenience reasons; Formulate actionable recommendations for managing contributing factors to cognitive concerns and for providing other support for patient care.
- Dementia Cases: Develop an approach to identifying and managing potential contributors to cognitive decline; Develop an approach to diagnosing common dementia symptoms, including the use of the Frailty Cognitive Assessment Template; Develop an approach to managing common forms of dementia.
- Parkinsonism: Recall the definition of Parkinsonism; Identify Parkinsonism on clinical examination; Recognize the differential diagnosis of Parkinsonism; Distinguish between idiopathic Parkinson's Disease (PD) and other types of Parkinsonism; Discuss non-pharmacological and pharmacological interventions for PD; Identify the comorbid conditions and their treatment.
- Falls: Define the clinical importance of falls; Discuss the epidemiology and pathophysiology of falls; Discuss screening for falls and implementation of a multifactorial falls risk assessment; Define an approach to falls risk reduction and management strategies.
- To Drive or Not to Drive? Cognition and Driving: Understand the legislation and physician duties around mandatory driving reporting; Identify frailty and learn how it impacts driving assessments; Apply tools to help with evidence-based assessments in cognitively impaired patients; Discuss cases and management plans to highlight above.
- Decoding the Code Conversation: Gain an understanding of the many nuances of the goals of care discussion; Gain an understanding of the morbidity and mortality associated with CPR; Recognize which patients are at the highest risk of having poor outcomes post-CPR; Recognize barriers to an effective goals of care discussion; Develop an approach to conducting an effective goals of care discussion; Gain an understanding of how frailty can guide clinical decision making.

Location: Virtual Offering

Link will be provided following registration.

Session Dates: Wednesday, October 15, 22 & 29, 2025

Time: 7:00 PM – 9:00 PM

**Physician Speaker(s): Drs. Kim Babb, Meghan Greene, Alysha Mehta,
Susan Mercer, Amy Pieroway & Allison Pridham**

This activity has been certified by the College of Family Physicians of Canada and the Newfoundland and Labrador Chapter for up to 6 Mainpro+ certified activity credits.

To register, click the button below:

[Register Now](#)