

Spotlight on Riverdale Medical Clinic

Dr. Stephen Lee of Riverdale Medical Clinic in Conception Bay South (CBS) has successfully established a multi-site Blended Capitation Group (BCG) alongside three other physicians. The BCG includes two physicians who practice together in St. John's and two others with individual practices in CBS. The BCG was accepted into the Blended Capitation Program in December 2023, the group began enrolling patients in April 2024. By June 2024, they onboarded to the new billing system and have already rostered over 5,800 patients!

Since transitioning to the Blended Capitation Model, Dr. Lee has implemented several early changes, including:

- **adding more same-day appointments**, helping him better meet patients' needs for urgent care,
- **reducing the number of daily appointments** while adjusting the length of some to provide more time for complex patients, and
- **carving out time during clinic hours** to complete administrative and asynchronous work, allowing him to take less work home.



Dr. Lee has observed *"a positive shift in his feelings towards family medicine and a decline in daily stress levels since implementing Blended Capitation."*

He credits the Blended Capitation Program for providing financial stability and the flexibility to make meaningful changes in his practice. He reports feeling:

- **less rushed** when with patients,
- **under less pressure** to see a high volume of patients,
- **fairly compensated** for the work he does,
- **more satisfied** with his ability to meet patients' access needs, and
- **less stressed** when taking time off, whether planned or unplanned.

"The best part of this program is the work we are doing to optimize our practices and how these changes have made me feel about family medicine. I no longer feel like a hamster on the wheel!"

Want to hear more from Dr. Lee? Click on the [LINK](#) to watch a brief video of Dr. Lee describing his experience transitioning to Blended Capitation.



Newsletter

A Message from the Blended Capitation Program

We hope that everyone had a wonderful fall and is looking forward to some holiday time with family and friends. We applaud the continued engagement of Blended Capitation Groups as they work through their first year in the Model. Here are a few highlights about program growth over the past few months:

- Nineteen Blended Capitation Groups have been accepted into the Program with fourteen Groups successfully onboarded to the Blended Capitation billing system.
- Five Groups will be onboarding in early 2025 and more Groups are taking steps to join the Model.

**More than 60,000 patients have been rostered as of
December 16, 2024!**

Q & A

What is the formula for the calculation of the first top-up payment?

The top-up payment formula is as follows:

- Year 1 Income Floor Amount, divided by 2 (for six months).
- Subtract the physician's total income within the BCM model, inclusive of FFS billings for out-of-basket services and for non-rostered patients, during the six-month period following the acceptance date.

If the physician's income is less than the income floor amount, the physician is eligible for the difference in the form of a top-up payment. If the income exceeds the income floor amount, the physician is not eligible for a top-up payment.

Newsletter

Blended Capitation Program Updates

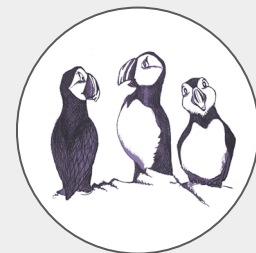
Meet the Blended Capitation Program Specialists Dana Howse and Jason Clarke:

Dana plays a central role in documenting physician feedback to be shared with our partners and seeking answers to physician questions, many of which are then developed into Frequently Asked Questions (FAQs) to be shared widely. Dana also regularly contributes to the development and updating of Blended Capitation Program policies, and she will participate in the program evaluation.

Jason's key roles include assisting Blended Capitation Groups move along the path to acceptance toward onboarding, communicating with physicians about their income floor review and top-up payments, and following up with partners to initiate payment of grants and stipends. Jason is also integral in monitoring and reporting on program activity and growth.

Dana and Jason are happy to answer any questions you have. They are also available to meet with individual physicians or groups to discuss Blended Capitation.

You can contact Dana at dhowse@nlma.nl.ca or Jason at jclarke@nlma.nl.ca.



Tools and Resources

Three tools to support Blended Capitation physicians with estimating bi-weekly earnings were released and available on the FPRP Blended Capitation website:

[eDOCSNL Tip Sheet](#) - This tip sheet explains how to run reports in the EMR to count rostered patients and estimate capitation payments and obtain a detailed remittance report for fee-for-service claim payments.

[BCM Bi-Weekly Estimated Payment Calculator](#) - This is an interactive tool to assist physicians in estimating their bi-weekly blended capitation payments based on the characteristics of their patient roster.

[After-Hours Expectation Calculator](#) - This is an interactive tool to assist physicians in estimating their after-hours expectation based on the number of patients rostered to the Blended Capitation Group. By using this calculator, you agree that the returned results are estimates and results may vary from the actual after-hours expectation required under Schedule R. The calculator uses roster data and physicians are encouraged to review and validate their list of attached patients prior to using the tool for best results.

For the latest updates visit the [FPRP Blended Capitation website](#).