## FAMILY PRACTICE RENEWAL PROGRAM

# **Frailty 4**

Frailty 4 will be offered as a 3-session series. When you register you are automatically registered for all three sessions. SESSIONS WILL BE RECORDED

#### Learning Objectives

At the conclusion of this presentation, participants will:

- Describe the components of capacity, formulate an approach for assessing capacity, adhering to the NL Legislation and identify tools and team members required to investigate capacity.
- Acquire knowledge of chronic kidney disease and the use of the kidney failure risk equation for clinical decision making in frail older adults with CKD.
- Be able to discuss the future of MAiD in the context of frailty, demonstrate effective communication skills when engaging with patients and families regarding end-of-life and advocate for palliative care for patients with severe dementia.
- Be aware of patient counseling in regard to seborrheic keratoses, understand the causes and treatment of xerosis and pruritus, and identify treatment for actinic keratosis, squamous and basal cell carcinomas.
- Understand the relevance of sexuality in aging, identify barriers to evaluating sexuality and describe physiologic and pathophysiologic changes in aging that can affect sexuality and sexual function.
- Describe lifestyle factors that can affect sexuality and sexual function, discuss sexuality in dementia/nursing homes and understand risks for STIs in the elderly.
- Have an enhanced understanding of appropriate prescribing for older adults.
- Have an enhanced understanding of the diagnosis, screening tools, and consensus guidelines on depression in older adults; define social isolation, loneliness and social prescribing and identify social prescribing local resources.
- Have an increased knowledge on the diagnosis and management of anxiety in older adults.

To optimize your learning program registration requires completion of a pre-test, for your use only. Pre-test results are anonymous.

### **REGISTER NOW**

This one-credit-per-hour group learning program has been certified by the College of Family Physicians of Canada and the Newfoundland and Labrador Chapter for up to 6 Mainpro+ certified credits.

#### Location: Virtual Offering

Link will be provided following registration. Sessions: Tuesday, October 15, 22 & 29, 2024 Time: 7:00 PM – 9:00 PM Physician Speaker(s): Drs. Kim Babb, Meghan Greene, Alysha Mehta, Amy Pieroway & Jody Woolfrey