FAMILY PRACTICE

DATES: JAN 10 & 17, 2024 CHRONIC PAIN MANAGEMENT

Chronic Pain Management will be offered as part of a 2-session series. To receive CPD credits you must attend both. When you register you are automatically registered for both sessions.

LEARNING OBJECTIVES

CHRONIC PAIN MANAGEMENT

- 1. Discuss approaches to comprehensive pain management assessment and treatment.
- 2. Define chronic pain and understand the concept of chronic pain as a disease in itself rather than simply a symptom.
- Recognize the role of self-management in the framework of chronic pain management while optimizing pharmacologic and interventional options tailored to individual patients.
- 4. Determine the most appropriate treatment plan for a patient in pain using pharmacological non-opioid and procedural approaches, including preventive interventions.
- 5. Describe and interpret the recommendations pertaining to optimization of non-opioid and opioid therapy in the 2017 Canadian guideline for opioids for chronic noncancer pain.
- 6. Identify biological and psychosocial processes involved in the development of chronic pain.
- 7. Assess patients suffering from pain, develop a formulation regarding the factors contributing to pain, and identify its influence on the patient's life.

APPROACH TO OUD/SUD

- 1. Recognize options for treatment of OUD.
 - A. Pharmacological
 - B. Non-pharmacological
- 2. Select from a repertoire of treatment options to initiate treatment or refer for treatment initiation.
- 3. Identify available harm reduction resources.

RECOGNIZING SUD IN PRIMARY CARE

- 1. Recognize the unique opportunity for identifying SUD in primary care.
- 2. Identify screening options for SUDs.
- 3. Integrate brief intervention therapy.
- 4. Recognize when to integrate specialized substance use resources.
- 5. Understand the ongoing role of primary care.

To optimize your learning, program registration requires completion of a pre-test, for your use only. Pre-test results are anonymous.

REGISTER NOW!!

This one-credit-per-hour group learning program has been certified by the College of Family Physicians of Canada and the Newfoundland and Labrador Chapter for up to 4 Mainpro+ certified credits.

LOCATION: VIRTUAL OFFERING

LINK WILL BE PROVIDED FOLLOWING REGISTRATION

SESSIONS:

January 10: Chronic Pain Management January 17: Chronic Pain Management Case, Approach to OUD/SUD, and Recognizing SUD in Primary Care

TIME: 7:00 – 9:00 PM PHYSICIAN SPEAKER(S) Dr. Lesley Manning and Dr. David Flusk