## **Chronic Obstructive Pulmonary Disease**

## **Patient Care Visit Template**

DATE:							
NAME OF PATIENT BIR			BIRTHDATE	N	MCP NO.		
SPIROMETRY							
DATE	PATIENT'S FEV	AS A PERCENT OF T	HEIR PREDICTED VALU	JE		FEV <sub>1</sub> /FVC RATIO	
☐ CONFIRMATION OF A POST-BRONCHODILATOR FEV <sub>1</sub> /FVC RATIO OF < 0.7 FOR A COPD DIAGNOSIS							
□ ORDERED □ COMPLETE □ UNABLE TO PERFORM Explain:							
COPD CLASSIFICATION							
BY SPIROMETRY: □	MILD (FEV1 > = 80	0%) □ MODE	ERATE (FEV1 50-79%)	☐ SEVERE (FE	V1 30-49%)	☐ VERY SEVERE (FEV1 <30%)	
SMOKING STATUS	·	•	,	· ·	•	· ·	
☐ SMOKER ☐ NE\	VER SMOKED	☐ EX-SMOKER	Quit Date:				
□ OTHER INHALED SUBSTANCE							
☐ REFER TO SMOKING CESSATION PROGAM							
VACCINATIONS							
☐ ANNUAL FLU	Date:			☐ PNEUMO	COCCAL	Date:	
ASSESSMENT							
CURRENT COPD SYMPTO	MS/ACTIVITY						
COUGH/WHEEZE		□ NONE	☐ SAME	☐ LESS		MORE	
SPUTUM (volume, purule	ence)	□ NONE	☐ SAME	☐ LESS		MORE	
DYSPNEA		□ NONE	☐ SAME	☐ LESS		l MORE	
FATIGUE		□ NONE	☐ SAME	☐ LESS		l MORE	
CURRENT ESTIMATED WI	EIGHT:						
WEIGHT LOSS/GAIN		☐ NO CONCERNS		YES:			
SLEEP DISTURBANCE		☐ NO CONCERNS		YES:			
CURRENT FUNCTIONAL S	TATUS						
mMRC DYSPNEA SCALE							
☐ Grade 0 - I only get breathless with strenuous exercise							
☐ Grade 1 - I get short of breath when hurrying on level ground or walking up a slight hill							
☐ Grade 2 - On level ground, I walk slower than people of the same age because of breathlessness, or I have to stop for breath when walking at my own pace on the level							
☐ Grade 3 - I stop for a breath after walking about 100 yards or after a few minutes on level ground							
☐ Grade 4 - I am too breathless to leave the house, or I am breathless when dressing							
EXACERBATIONS	eatiness to leave	the house, or rum br	cutiliess when aressir	'6			
AECOPD SINCE LAST VISIT	T 🗆 NO		☐ YES				
DATE OF LAST EXACERBA	TION:		COMMENT	TS:			
☐ REVIEW FLARE-UP ACTION PLAN (IF CLINICALLY APPROPRIATE)							
$\square$ Short acting bronchodilator (for initial treatment of acute exacerbations)							
☐ ORAL CORTICOSTEROIDS (E.G. PREDNISONE) (FOR MOST MODERATE TO SEVERE COPD EXACERBATIONS)							
ANTIBIOTIC TREATMENT (FOR PATIENTS PRESENTING WITH SYMPTOMS AND RISK FACTORS FOR BACTERIAL INFECTION)							
REVIEW OF MEDICATIONS, INHALER TECHNIQUE, SIDE EFFECTS AND COMPLIANCE COMMENTS:							
☐ DISCUSS AND EVALUATE INHALER USE							
☐ STEP 1: LAMA MONOTHERAPY							
☐ STEP 2: LAMA/LABA COMBINATION (IF PERSISTENT BREATHLESSNESS/EXACERBATIONS)							
<ul> <li>☐ STEP 3: TRIPLE THERAPY (ADDITION OF ICS, IF RECURRENT EXACERBATIONS)</li> <li>☐ ADDITIONAL ADD-ON THERAPIES FOR EXACERBATION REDUCTION</li> </ul>							
☐ OTHER THERAPY COMBINATION COMMENTS:							
PATIENT SELF MANAGEN		COMMUNICION I	<u>.                                    </u>				
EDUCATION							
☐ DISCUSS TRIGGERS AND RISK OF EXACERBATIONS ☐ DISCUSS ADVANCE CARE PLANNING							
SET LIFESTYLE MANAGEMENT GOALS							
☐ ENCOURAGE PHYSICAL ACTIVITY					$\square$ discuss me	AL PLANNING AND NUTRITION	
PSYCHOSOCIAL TO A PROPERTY OF THE PROPERTY OF THE PSYCHOLOGICAL TO A PROPERTY OF THE PSYCHOLOGICAL TO A PSYC							
SCREENED FOR ADDICTION, DEPRESSION, ANXIETY, OTHER STRESSORS							
PATIENT GOALS:							
FOR CONSIDERATION IF	CLINICALLY APPR	OPRIATE					
□ REFERRAL TO SPECIALIST □ SUPPLEMENTAL OXYGEN							
☐ REFERRAL TO PULMONARY REHAB				☐ REFERRAL TO REMOTE PATIENT MONITORING			

