



RE-Boot FPN Board (L to R) Dr. Erin FitzPatrick, Dr. Sarah Small (co-vice-chair), Dr. David Kwinter, Dr. Jackie Elliott (chair), Dr. Megan Hayes (co-vice-chair) and Dr. Annabeth Loveys (treasurer) (missing from photo: Dr. Gordon Stockwell and Dr. Chris Peddle.)

Message from the Chair

Hello,

Welcome, and thank you for becoming a part of the RE-Boot Family Practice Network. We encompass the areas of rural eastern Avalon, the Bonavista and Clarenville area as well as the Burin Peninsula. We are the youngest of the four FPNs in this province and are eager to get moving on initiatives that will improve the lives and practices of our physicians as well as improve our care for our patients.

I am the chair of the RE-Boot FPN and will be working with our executive director, Ms. Deborah Wearn and our board, which is comprised of Drs. Gordon Stockwell, Sarah Small, Megan Hayes, Chris Peddle, Erin FitzPatrick, David Kwinter and Annabeth Loveys. There is an energy and a drive to RE-Boot family medicine among these intelligent and motivated members and I know that this energy is reflected in each and every family doctor in this province. We want to be the conduit to bring that energy to a focus and work to affect change.

We are here for you and welcome any ideas, initiatives, and feedback that you may have.

Thank you for all that you do for this province every day.

Dr. Jackie Elliott, CCFP, FCFP
chair@rebootfpn.com

Message from Executive Director

Hi, my name is Deborah Wearn and I started as ED for your RE-Boot FPN in June. My first month has been focused on orientation to the program and establishing some key administrative and operational functions.

A vital function of the FPN will be improving communication mechanisms for members on important issues pertaining to family practice. You can expect regular updates in the form of a newsletter as well as the use of other avenues to engage with you. We envision that the newsletter will be a means of sharing information and areas of expertise. All members will be invited to help shape and contribute to the newsletter. In the meantime, we are bringing you this early version with a few quick updates.

I am looking forward to meeting you all and working with you through supporting your Network in the months ahead!

Please don't hesitate to reach out with any ideas or questions.

Deborah Wearn
dwearn@rebootfpn.com

Goals of the FPN

RE-Boot is one of four FPNs under the umbrella of the Family Practice Renewal Program (FPRP). The FPRP is an initiative of the Newfoundland and Labrador Medical Association (NLMA) and the Department of Health and Community Services, Government of Newfoundland and Labrador.

A Family Practice Network, or FPN, provides a mechanism through which a physician group can address common practice and patient needs, have a collective voice on issues facing family practice, and address local population health needs, in coordination with the Regional Health Authority (RHA). The FPN structure is a physician-led, non-profit organization.

The RE-Boot FPN was incorporated on October 23, 2019, and has chosen a name that represents the expansive geographic area it represents: "RE" representing the "Rural Eastern" portion of the province, "Boot" representing the Burin Peninsula, and "RE-Boot" to signify the beginning of improvements and change in family physician practice.

The initial priorities for the RE-Boot FPN were identified as:

Physician Wellness, developing offerings to improve family physician relationships across practices, specific to wellness activities and improving work/life balance; **Support for new graduates**, including developing and making available supportive structures for new graduates (e.g. orientation information and processes for acute care facilities, services and contracts);

Locum programming, focusing on pool/program/networks to support related needs; and **collaborating with Eastern Health** on solutions to reduce consultant referral wait times across priority consultant services.

Understandably, COVID-19 has caused the RE-Boot FPN Board to reflect and reconfirm priorities. We want to hear from you to understand your current needs and ideas for work the FPN can focus on within the region. Please participate in this short survey: <https://www.surveymonkey.com/r/RE-Boot-Member-Survey>

Stay tuned for your invitation to our first Annual General Meeting to be held virtually in October.

What we've been up to so far

In the few short months since incorporation, the RE-Boot FPN has been focusing on setting up the nonprofit administratively, including hiring an executive director.

A key area of focus is collaboration with Eastern Health, so the **Collaborative Services Committee (CSC)** was established and has met several times since July 2019. The CSC has five RE-Boot FPN Board Members in attendance (Drs. Jackie Elliott, Megan Hayes, Gordon Stockwell, Sarah Small, and Erin FitzPatrick), as well as three staff from Eastern Health.

The CSC priorities identified are recruitment and retention of physicians and communication, collaboration, and coordination with Eastern Health. The initial workplan includes:

- understanding where the gaps in attached patients and family physicians exist in the region so to plan a specific local recruitment and retention strategy;
- regularly disseminating information to the FPN about accessing medical services (e.g. current wait times for all specialist referrals and diagnostic imaging);
- understanding physician priority needs;
- clarifying the locum support process (e.g. proper method of getting a locum, locum sharing service); and,
- determining wait list, gaps, and needs for physiotherapy in the region.

Benefits of Membership

If you have not already done so, please consider signing up as FPN Member.

Our goal is to achieve 100% registration so that no family physician in the region is left behind and all have access to the multiple benefits of FPN membership, particularly improved communication, which has been highlighted within the COVID-19 pandemic.

Other benefits include, but are not limited to, the following:

- periodic access to practice support grants (such as the EMR Installation Grant, which provides financial support for family medicine EMR users enrolled in eDOCSNL);
- a united voice on issues of concern;
- access to a support network of colleagues;
- improved communication and collaboration with Eastern Health on patient care issues;
- coordinated communication and collaboration with the NLMA;
- improved access to Continuing Medical Education (CME) and other practice supports; and,
- other opportunities to become directly involved with activities and projects to improve patient care.

Registration is voluntary, there is no membership fee, and your level of participation is completely up to you. We have recently made registration very easy with a simple online registration form that takes only a few moments to complete:

- **RE-Boot FPN Membership Application** <https://nlmaforms.formstack.com/forms/fpnmembershipapplication>

Upcoming Virtual FPRP Practice Improvement Program Offerings

Watch your email for registration details for the following:

1. Frailty 1 Series

Topics: Frailty, Office Assessment of Dementia, Delirium, Behavioural and Psychological Symptoms of Dementia

When: September 16, 23 & 30, 2020

To register, go to <https://nlmaforms.formstack.com/forms/frailty1>

2. Frailty 2 Series

Topics: Frailty, Deprescribing, Advance Care Planning, Capacity Assessment, Falls, Elimination

When: October 14, 21 & 28, 2020

3. MyQ Program

The [MyQ Quality in Family Practice program](#), which offers practical evidence-based tools that are relevant to multiple practice environments: in-person and virtual care, solo or group practices, fee-for-service or salaried models has re-opened!

Now available for registration are:

- MyQ Group Expedition Series
- MyQ Self-Directed Online Module: Quality Is My Practice
- MyQ Physician Network as an optional support for participating physicians.

We invite you to review these [program elements](#) and register today!

Coming in August: registration will open for Mini-Program 1: So Many Patients, Not Enough Me

For further information on these PIP offerings, or others to come, please contact:

Paula Hanrahan, Senior Program Consultant, FPRP

Telephone (709) 726-7424, Ext. 323

E-mail phanrahan@nlma.nl.ca

Save the Date!

Opioid Dependence Treatment Centre of Excellence NL/Eastern Health Provincial Conference

Friday, October 30, 2020

This conference will be of interest to health care providers, community agencies, persons with lived and living experience, and family members.

Questions?

Please contact chelsea.hynes@easternhealth.ca

Your RE-Boot FPN team

Board

Dr. Jackie Elliott, Chair

Dr. Megan Hayes, Co-Vice-Chair

Dr. Sarah Small, Co-Vice-Chair

Dr. Annabeth Loveys, Treasurer

Dr. Erin FitzPatrick

Dr. David Kwinter

Dr. Chris Peddle

Dr. Gordon Stockwell

Staff

Ms. Deborah Wearn, Executive Director

For more information about the RE-Boot Family Practice Network, please contact RE-Boot FPN Executive Director Deborah Wearn at dwearn@rebootfpn.com or by calling (709) 728-5742.